

**Arif Rohman Mansur**  
**Ira Mulya Sari**



# **EXPLORING HUMAN GENERATIONS**

**and Expert Advice on Gadget Restrictions**

Editor: Ibn Tolhah

# EXPLORING HUMAN GENERATIONS

## and Expert Advice on Gadget Restrictions

This book is a comprehensive guide to understanding generations of people and provides expert advice on limiting gadget consumption. This book covers various generations, from Baby Boomers, Generation X, Generation Y, and Generation Z to Generation Alpha.

Each chapter in this book reveals an in-depth understanding of the characteristics, history, and values that have influenced each generation. From cultural developments to the role of technology, to transitions to retirement, each chapter provides rich insight into the dynamics of each generation.

Dedicated chapters cover Generation X, Generation Y, Generation Z, and Generation Alpha, with a focus on their distinctive characteristics. Emphasis is placed on the role of technology, social connectedness, multitasking, and environmental awareness in the lives of different generations. In addition, the chapter also explores the use of gadgets in children and their impact on motivation and internet use.

The final chapter features leading technology experts, such as Bill Gates, Sundar Pichai, Steve Jobs and many more. They provide their insights and views on limiting gadget consumption. This book also includes gadget-related wise words from well-known figures, such as Desmond Llewelyn, JB Priestley, and Michel Gondry.

Combining the knowledge of generations of humans and the views of experts, this book provides rich perspectives and practical advice for parents, educators, and anyone looking to understand and manage smart gadget use.



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lainnya tanpa seizin tertulis dari penerbit.

## PREFACE

*All the praises be to Allâh, the Lord of the 'Alamîn; all praise is only for Allah Azza wa Jalla; only with the pleasure of the goodness we strive for can it be realized. With all the convenience and spaciousness bestowed by Allah Azza wa Jalla, the author completed the preparation of a book entitled Exploring Human Generations and Expert Advice on Gadget Restriction. This book is a comprehensive guide to understanding generations of people and provides expert advice on limiting gadget consumption. This book covers various generations, from Baby Boomers, Generation X, Generation Y, and Generation Z to Generation Alpha.*

Each chapter in this book reveals an in-depth understanding of the characteristics, history, and values that have influenced each generation. From cultural developments to the role of technology to transitions to retirement, each chapter provides rich insight into the dynamics of each generation. Dedicated chapters cover Generation X, Generation Y, Generation Z, and Generation Alpha, with a focus on their distinctive characteristics. Emphasis is placed on the role of technology, social connectedness, multitasking, and environmental awareness in the lives of different generations. In addition, the chapter also explores the use of gadgets in children and their impact on motivation and internet use.

The final chapter features leading technology experts, such as Bill Gates, Sundar Pichai, Steve Jobs, and many more. They provide their insights and views on limiting gadget consumption. This book also includes gadget-related wise words from well-known figures, such as Desmond Llewelyn, JB Priestley, and Michel Gondry. Combining the knowledge of generations of humans and the views of experts, this book provides rich perspectives and practical advice for parents, educators, and anyone looking to understand and manage smart gadget use.

With all the limitations of knowledge, the author hopes that this book can provide insight to all parents about a different point of view from experts regarding restrictions on the use of gadgets in children. The author is open to receiving various inputs and

constructive criticism for the improvement of this book in the future via e-mail [arifrohmanmansurphd@nrs.unand.ac.id](mailto:arifrohmanmansurphd@nrs.unand.ac.id)) or WA: 085228892075.

Padang, June 28, 2023

Arif Rohman Mansur

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# 1

## GENERATION OF BABY BOOMERS

### A. Introduction

The author begins this book by explaining the characteristics of each human generation that still exist today, starting from the oldest, the Baby Boomers generation. Up to the youngest generation, namely the alpha generation, each has different patterns or views in educating their children regarding gadgets (technology and social media). Indeed, technology is like a double-edged knife, which can positively and negatively impact its users. Who best knows the function of a blade? The answer, of course, is the person who made it. As with technology, who is suitable to use the technology? At what age or when should it be introduced? What about the positive and negative impacts of a tool/technology/gadget/social media? You may choose the answer.

Understanding the characteristics of each human generation will give us an idea about the five generations of humans that still exist today. Knowing the characteristics of a generation will open up our insights about how we should have views/thoughts, why they have a view, and how to behave or interact with the five generations of humans, namely the Baby Boomers generation, X, Y, Z, and A.

# 2

## GENERATION X



Source : (Aisha, 2019) <https://planmu.id/post/fun/you-have-to-see-this/yuk-kenalan-dengan-6-Generasi-silent-boomers-xyz-dan-alpha>

### A. History of Generation X

Generation X, born between 1965 and 1980, experienced and witnessed several important events in history. They grew up in diverse social, political, and technological contexts, giving them a unique identity that sets them apart from generations before and after.

Generation X was born at a time marked by significant changes in the world. They grew up during political tension between the United States and the Soviet Union in the Cold War. They also witnessed the Vietnam War conflict, which

# 3

## GENERATION Y

### A. Generation Y History

Born between 1980 – 1995, the generation is known as the millennial or millennial generation. Generation Y uses a lot of instant communication technologies such as email, SMS, instant messaging, and others. This is because Generation Y is the generation that grew up in the booming internet era (Lyons, 2004) (Putra, 2016).



Source: <https://www.kasasa.com/articles/generations/gen-x-gen-y-gen-z>

This Y generation is also more open to political and economic views. Hence, they seem very reactive to the changes in the environment around them. Traits/Characteristics: More committed to the company, work is one of the priorities, but not the main priority, likes rules that are not convoluted, likes openness and transparency. In work, team orientation is the

# 4

## GENERATION Z

### A. Definition of Generation Z

In Indonesia, Generation Z is those born in the mid-1990s (referring to the prime use of the commercial internet) to the mid-2000s. Our Generation Z 2010 reached more than 68 million people, almost double that of Generation X. The oldest age group of Generation Z is 21 years old (Dwifatma, 2017). Generation Z is the youngest generation who has just entered the workforce. This generation is usually called the Internet generation or Regeneration. Generation Z is more social in cyberspace. Since childhood, this generation has been introduced to technology. It is very familiar with smartphones and is categorized as a creative generation. Traits/Characteristics: Prefers social activities compared to previous generations, prefers start-up companies, multitasking, really likes technology and is an expert in operating the technology, cares about the environment, is easily influenced by the environment regarding products or brands, smart and easy-going to capture information quickly (parent.bonus.ac.id, 2017).

# 5

## ALFA GENERATION



Source: <https://generationalalpha.com/>

### A. Alpha Generation History

The term "Generation Alpha" was originally coined by futurist and social researcher Mark McCrindle in 2005 when he and his team conducted a national survey in Australia to find out what came after Generation Z.

# 6

# GADGETS

## A. Definition of Gadgets

The gadget is a term that comes from English, which means a small electronic device that has a particular function. In Indonesian, the gadget is referred to as "acting." One thing distinguishing gadgets from other electronic devices is the element of "novelty." That is, from day to day, gadgets always appear by presenting the latest technology that makes human life more practical. Examples of gadgets include smartphones (smartphones) such as the iPhone and Blackberry and netbooks (a combination of portable computers such as notebooks and the internet).(General Section of the Regional Secretariat of Buleleng Regency, 2019)

## B. Kinds of Gadgets

### 1. 3D TV.

It is a shame if you ignore the presence of a 3D TV, especially if you still need to get one. 3D TV offers better pictures, more vivid movie views, fun, and a remarkable gaming experience. All TV manufacturers have come up with 3D TV technology to offer.

### 2. Console.

Who does not know Nintendo, Xbox, or PlayStation 3? This console offers various types of games that are fun and present high-resolution graphic displays.

### 3. E-readers.

Portable e-book readers provide comfort when reading electronic books; apart from being small in size, they are also easy to carry and do not tire or hurt your eyes quickly. You

# 7

## TECHNOLOGY EXPERTS LIMITING GADGETS

### A. Introduction

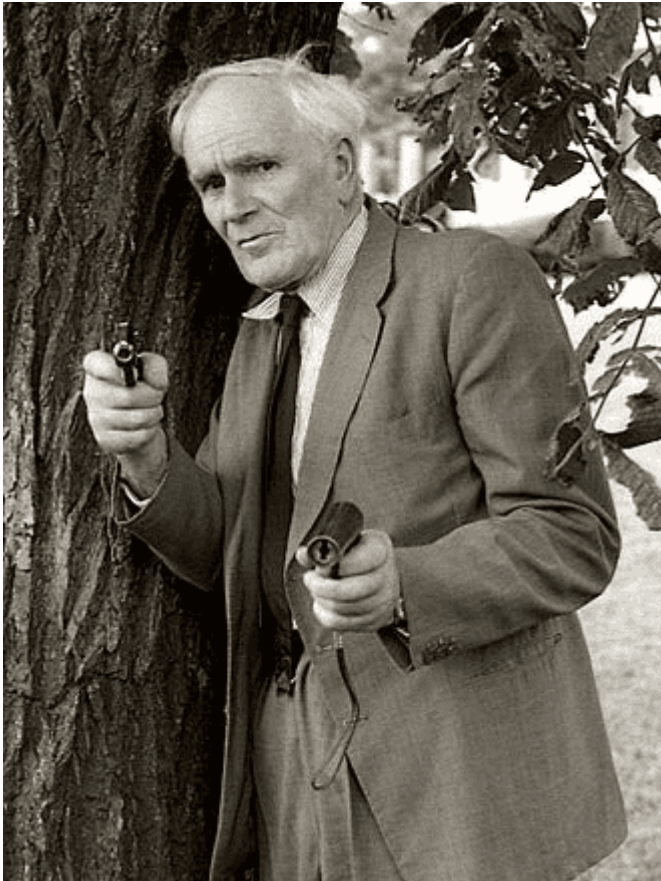
Many parents justify screen time with their children, indicating that they feel their children should learn to interact with technology at a young age. They are afraid that their child will fall behind in technology. We completely disagree and found a number of people you may love and respect who agree with us. This article compiles some surprising views on screen time from some of the most influential stars of Silicon Valley and the big screen. Influential Technologies and Their Views on screen time for their children: what do techies say about Children and screens?

Moreover, by the engineers, I mean the leaders, people who have had a lot of success in the tech industry and who worked for or, in some cases, started companies like Apple, Twitter, Microsoft, and Google. Indeed, these people should theoretically raise the next generation of entrepreneurs and tech geniuses, right? So how exactly do they teach their kids how to use technology? What is their screen time policy? Oddly enough, tightness is often the answer. It seems that tight deadlines, screen-free zones, and low-tech schools are common choices among those who know the industry best. With all the comments we found in our search, these influential parents may soon become followers of this blog. these people should theoretically raise the next generation of entrepreneurs and tech geniuses, right? So how exactly do they teach their kids how to use technology? What is their screen time policy? Oddly enough, tightness is often the answer. It seems that tight deadlines, screen-free zones, and low-tech schools are common choices

# 8

## WORDS OF WISDOM ABOUT GADGETS

### A. Desmond Llewelyn



Source: [https://en.wikipedia.org/wiki/Desmond\\_Llewelyn](https://en.wikipedia.org/wiki/Desmond_Llewelyn)

Desmond Llewelyn is an English actor best known for his



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